



# YOUTH NEWS

*A Newsletter for Those Committed to  
Supporting Youth from  
Canadian Forces Families  
March 2004*




## NEWSLETTER LAUNCHED!!!

The Youth Model Project team in Ottawa is pleased to announce the launch of a newsletter geared specifically at those who work with and support youth from Canadian Forces families.

It is hoped that the newsletter will be a mechanism for youth friendly staff from PSP and MFRC

environments to share successes, ask for feedback and discover new ways to support youth in the Canadian Forces community. We also hope that this publication will improve communication and information sharing. The currently unnamed newsletter will be posted on the youth page of the CFPSA website on a quarterly basis. Submissions, ideas and feedback are welcome and always encouraged. Submissions should be limited to 250 words and will be accepted on a continuous basis.

Please forward these and any feedback to Lara

Rooke of the Project Team at [rooke.lara@cfpsa.com](mailto:rooke.lara@cfpsa.com).

We hope you will enjoy the newsletter and find the information relevant and useful. We look forward to hearing from you!!!

*Laurie Ogilvie, Anne Marie Vaz and Lara Rooke*

**Name the Newsletter!!!!**  
We are looking for your help in naming the newsletter  
Please submit your Bilingual ideas to Lara Rooke via email at [rooke.lara@cfpsa.com](mailto:rooke.lara@cfpsa.com) NLT 30 April. Winner will be announced in the next edition.

### Collaboration is Key...

The development and implementation of the CF National Youth Model has been a collaborative initiative between DMFS and PSP Community Recreation from its inception. The true strength of this program and service delivery Model is the recognition that each local entity is ideally suited to provide aspects of well rounded, quality programs and services for youth in their community. The audience is better served when programs are collaboratively planned and delivered with the focus being on the youth clients as opposed to WHO is actually doing the direct delivery. This newsletter is another example of our commitment to a collaborative process.

*Together is better.*

[www.militarystudent.org](http://www.militarystudent.org) (US site—English only) has information and resources for teens on everything from making it through a parental deployment to moving to employment. Much of the information on the site could be easily adapted to help meet the needs of youth from Canadian Forces Families.

**New Canadian trends & information on Adolescence and Self Concept now available online.**

Statistics Canada occasionally produces information about trends and research comparisons. Here is a quick release about Adolescence, Self-Concept and Health into Adulthood. The study provides a brief comparison between 1994/95 and 2000/01 trends. Even those of us who don't like research can understand and use this info. Click here for access to the report.

[www.statcan.ca/DailyEnglish/031119d031119b.htm](http://www.statcan.ca/DailyEnglish/031119d031119b.htm)

From Extreme to Mainstream...

unfortunately only in English

Interested in how 'extreme sports' begin to meet the developmental needs of youth? Check out Youthography's website which deals with youth culture and issues...

[www.youthography.com/article/articleview/153/](http://www.youthography.com/article/articleview/153/)

Did you know that risk management training related to skateboard parks is available from Parks and Recreation Ontario...for more information visit the PRO website at : [www.prontario.org](http://www.prontario.org)

With spring fast approaching more and more youth will be out at the local skatepark.

To learn more about boarding as an activity and as a specific youth culture and to look at various approaches for providing this activity (e.g. temporary, permanent, portable) please click on:

<http://www.skatepark.org/>

And check out this link to information on skateboarding and parks in Quebec

<http://3w.quebeesk8.com/>

Did you know that you can advertise your summer day camp programs for free on the web?

[www.summer-daycamps.com](http://www.summer-daycamps.com)

This website offers a directory of day camps offered throughout North America organized by 3 digit area code.

Don't forget that the latest information on the "Connecting Youth Strategy" is available at :

[www.cfpsa.com/en/psp/youth/connect/index.asp](http://www.cfpsa.com/en/psp/youth/connect/index.asp)

**A Question from the Field....**

Does anyone know of any Canadian research done on the impact of relocation on children and youth? Replies can be forwarded to [rooke.lara@cfpsa.com](mailto:rooke.lara@cfpsa.com) and will be included in the next edition.