

EXAMPLE FORM
CANADIAN FORCES SPORTS
HALL OF FAME OR HONOUR ROLL NOMINATION FORM

SECTION 1: SERVICE PARTICULARS OF NOMINATED PERSON

| | | |
|--|------------------|--|
| SIN #: 142 790 731 | RANK: Mr. | MOC: Civilian – PSP |
| FIRST NAME & INITIALS: Doug L. | | LAST NAME: Better |
| UNIT & BASE: FSR Department 22 Wing - North Bay | | COMMAND/ENVIRONMENT: Air Command |
| UNIT MAILING ADDRESS: 22 Wing - North Bay 29 Duxford – Hornell Heights, ON P0H 1P0 | | PHONE: Autovon – 628-2241 Commercial - (705) 494-2011 ext. 2241 |
| SPORTS AWARD CATEGORY: (Example) HONOUR ROLL | | |

SECTION 2: RECORD OF SERVICE (add lines as required – record from most to least recent)

| START DATE | END DATE | BASE/COUNTRY OF POSTING/TOUR | UNIT/POSITION |
|---------------|---------------|------------------------------|---|
| April 1997 | Current | 22 Wing - North Bay | PSP - Fitness, Sports & Recreation Director |
| July 1995 | April 1997 | 22 Wing - North Bay | Warrant Officer - Senior PERI |
| July 1993 | July 1995 | Royal Military College | Sgt - Sqn PERI/V-Ball Coach |
| February 1993 | July 1993 | CFB Winnipeg | Sgt PERI - Resources NCO |
| August 1992 | February 1993 | CFS Alert | Sgt PERI - Station PERI |
| July 1990 | August 1992 | CFB Winnipeg | Sgt PERI - Resources NCO |
| July 1987 | July 1990 | CFB Chilliwack | MCPL PERI - Sports & Rec |
| July 1982 | July 1987 | CFB Halifax | Cpl PERI - Stadacona Gym |
| January 1982 | June 1982 | CFB Borden | PERI 851 TQ-5 Course |
| January 1981 | January 1982 | CFB Halifax | PERI 851 - OJT Training |
| July 1978 | January 1981 | HMCS Saguenay | Boatswain |
| March 1978 | July 1978 | CFFS - CFB Halifax | Trades Training - Boatswain |
| January 1978 | March 1978 | CFB Cornwallis | Basic Training |

SECTION 3: RECORD OF SPORTS ACHIEVEMENTS (add lines as required)

| ROLE <small>(Athlete, Coach, Official)</small> | DATE <small>(TIME FRAME)</small> | EVENT | PLACEMENT <small>(be specific and include event or category)</small> | # Of Competitors or Teams in event |
|--|-------------------------------------|-------|---|---------------------------------------|
| INTERNATIONAL CIVILIAN (World, Olympic, Commonwealth Games, PAN AM Games, etc.) | | | | |
| Nil | | | | |

| INTERNATIONAL MILITARY (CISM) | | | | |
|--------------------------------------|----------------|--|---|------------------------|
| Coach | 1996 | Men's CISM Volleyball Team Training Camp & Competition - Netherlands | Team won their first ever International Match | 8 Club Teams |
| Assist Coach | September 1995 | Men's CISM Volleyball Team – First World Military Games – Rome, Italy | Team finished last. However, received the Fair Play Award from CISM Competition | 16 |
| Athlete | May 1994 | England's Combined Services Badminton Team competed against CF Military players @ the RA Club - Ottawa | Winner of Singles match and Doubles finalist | 2 Teams Canada/England |
| CIVILIAN NATIONAL | | | | |
| Assist Coach | 1996 | CISM Men's Volleyball Team participated at Canadian National Volleyball Championships | CISM Team split to compete in both the A & B Division National Championships | 24 Teams |
| Assist Coach | 1995 | CISM Men's Volleyball Team participated at Canadian National Volleyball Championships | CISM Team split to compete in both the A & B Division National Championships | 24 Teams |
| CF NATIONAL | | | | |
| Official | 1997 | CF National Badminton | Commenced Role as Chief Officials for CF Badminton | 5 |
| Official | 1997 | CF National Volleyball | N/A | 5 |
| Athlete | 1996 | CF National Badminton | Men's Singles R-Up and Doubles Champion | 5 |
| Official | 1995 | CF National Volleyball | N/A | 5 |
| Athlete | 1995 | CF National Badminton | Men's Singles R-Up and Doubles Champion | 5 |
| Athlete | 1994 | CF National Badminton | Men's Singles R-Up, Doubles Champion & Mixed Semi-Finalist | 5 |
| Official | 1994 | CF National Volleyball | N/A | 5 |
| Athlete | 1993 | CF National Badminton | Men's Singles, Doubles & Mixed R-Up | 5 |
| Official | 1992 | CF National Volleyball | N/A | 5 |
| Athlete | 1992 | CF National Badminton | Men's Singles Semi-Finalist & Doubles R-Up | 5 |
| Athlete | 1991 | CF National Badminton | Prairie Region - Team Champions, Men's Singles Semi-Finalist & Doubles R-Up | 5 |
| Official | 1991 | CF National Volleyball | N/A | 5 |
| Athlete | 1990 | CF National Badminton | Men's Singles & Doubles Semi-Finalist | 5 |
| Athlete | 1989 | CF National Badminton | Men's Singles & Doubles Semi-Finalist | 5 |
| Athlete | 1988 | CF National Badminton | Men's Singles & Doubles Semi-Finalist | 5 |
| Athlete | 1988 | CF National Soccer | Semi-Finalist | 5 |
| Official | 1988 | CF National Volleyball | N/A | 6 |

| | | | | |
|--------------------|------|----------------------------|---|---|
| Athlete | 1987 | CF National Badminton | Men's Singles & Doubles Quarter-Finalist | 6 |
| Athlete | 1986 | CF National Badminton | Men's Singles & Doubles Quarter-Finalist | 6 |
| Athlete | 1986 | CF National Volleyball | Semi-Finalist | 6 |
| Athlete | 1985 | CF National Badminton | Men's Singles & Doubles Quarter-Finalist | 6 |
| Official | 1985 | CF National Volleyball | N/A | 6 |
| Athlete | 1984 | CF National Badminton | Men's Singles & Doubles Quarter-Finalist | 6 |
| Official | 1984 | CF National Volleyball | N/A | 6 |
| Athlete | 1984 | CF National Soccer | 4th | 6 |
| Athlete | 1983 | CF National Badminton | Men's Singles, Doubles & Mixed Doubles competitor | 6 |
| Athlete | 1983 | CF National Volleyball | R-Up | 6 |
| Athlete | 1981 | CF National Volleyball | Semi-Finalist | 6 |
| CF REGIONAL | | | | |
| Athlete | 1996 | Ontario Region Badminton | Men's Singles, Doubles & Mixed Champion | 5 |
| Athlete | 1995 | Ontario Region Badminton | Men's Singles R-Up, Men's & Mixed Doubles Champion & Team Event Champions | 5 |
| Official | 1995 | Ontario Region Volleyball | N/A | 5 |
| Athlete | 1994 | Ontario Region Badminton | Men's Singles R-Up, Doubles Champion & Team Event Champions | 5 |
| Official | 1994 | Ontario Region Volleyball | N/A | 5 |
| Athlete | 1993 | Prairie Region Badminton | Men's Singles & Doubles Champion | 5 |
| Athlete | 1992 | Prairie Region Badminton | Men's Singles & Doubles Champion | 5 |
| Official | 1992 | Prairie Region Volleyball | N/A | 5 |
| Athlete | 1991 | Prairie Region Badminton | Men's Singles & Doubles Champion | 5 |
| Official | 1991 | Pacific Region Volleyball | N/A | 5 |
| Athlete | 1990 | Pacific Region Volleyball | Semi-Finalist | 5 |
| Athlete | 1990 | Pacific Region Badminton | Men's Singles, Doubles Champion & Team Event Champions | 5 |
| Athlete | 1989 | Pacific Region Volleyball | Semi-Finalist | |
| Athlete | 1989 | Pacific Region Soccer | Semi-Finalist | 5 |
| Athlete | 1989 | Pacific Region Badminton | Men's Singles, Doubles Champion & Team Event Champions | 5 |
| Athlete | 1988 | Pacific Region Badminton | Men's Singles, Doubles Champion & Team Event Champions | 5 |
| Athlete | 1988 | Pacific Region Soccer | Champions | 5 |
| Official | 1988 | Pacific Region Volleyball | N/A | 6 |
| Athlete | 1987 | Atlantic Region Badminton | Men's Singles R-Up & Doubles Champion | 6 |
| Athlete | 1986 | Atlantic Region Volleyball | Champions | 6 |
| Athlete | 1986 | Atlantic Region Badminton | Men's Singles & Doubles R-Up | 6 |

| | | | | |
|----------------------------|---------|--|--|-----------------|
| Athlete | 1986 | Atlantic Region Soccer | Semi-Finalist | 6 |
| Athlete | 1985 | Atlantic Region Soccer | Semi-Finalist | 6 |
| Athlete | 1985 | Atlantic Region Badminton | Men's Singles & Doubles Quarter-Finalist | 6 |
| Official | 1985 | Atlantic Region Volleyball | N/A | 6 |
| Official | 1984 | Atlantic Region Volleyball | N/A | 6 |
| Athlete | 1984 | Atlantic Region Soccer | Champions | 6 |
| Athlete | 1984 | Atlantic Region Badminton | Men's Singles & Doubles Quarter-Finalist | 6 |
| Athlete | 1983 | Atlantic Region Soccer | Semi-Finalist | 6 |
| Athlete | 1983 | Atlantic Region Badminton | Men's Singles & Doubles Quarter-Finalist | 6 |
| Athlete | 1983 | Atlantic Region Volleyball | Champions | 6 |
| Athlete | 1982 | Atlantic Region Soccer | 4th place | 6 |
| Athlete | 1981 | Atlantic Region Soccer | 5th place | 6 |
| Athlete | 1981 | Atlantic Region Volleyball | Champions | 6 |
| Athlete | 1981 | Atlantic Region Badminton | Men's Singles & Doubles competitor | 6 |
| Athlete | 1980 | Atlantic Region Badminton | R-Up – Team Event | 6 |
| CIVILIAN PROVINCIAL | | | | |
| Coach | 1996/97 | OCAA Volleyball – Canadore College North Bay | 5th | 7 |
| Coach | 1995/96 | OCAA Volleyball – Canadore College North Bay | 6th | 7 |
| Athlete | 1994/95 | Ontario Masters Badminton Championships | Bronze Medal Men's & Mixed Doubles | Tournament Draw |
| Coach | 1994/95 | OCAA Volleyball – RMC | 6th | 8 |
| Athlete | 1995 | ON "B" Badminton Championships | Men's singles quarter- finalist & doubles semi- finalist | Tournament Draw |
| Athlete | 1994 | ON "B" Badminton Championships | Men's singles, doubles quarter-finalist | Tournament Draw |
| Coach | 1993/94 | OCAA Volleyball - RMC | 6th | 8 |
| Athlete | 1993 | MB Closed Badminton Championships | Men's singles quarter- finalist & doubles semi- finalist | Tournament Draw |
| Athlete | 1992 | MB Closed Badminton Championships | Men's singles & doubles quarter-finalist | Tournament Draw |
| Athlete | 1991 | MB Closed Badminton Championships | Men's singles, doubles competitor | Tournament Draw |
| Athlete | 1990 | BC Winter Games – Badminton | Silver Medal | 8 |
| Athlete | 1990 | BC Closed Badminton Championships | Men's singles, doubles competitor | Tournament Draw |
| Athlete | 1989 | BC Winter Games - Badminton | Bronze Medal | 8 |
| Athlete | 1989 | BC Closed Badminton Championships | Men's singles, doubles competitor | Tournament Draw |

| | | | | |
|--|-----------|---|---|--------------------------------|
| Athlete | 1988 | BC Closed Badminton Championships | Men's singles, doubles competitor | Tournament Draw |
| Athlete | 1987 | NS Closed Badminton Championships | Men's singles & doubles quarter-finalist | Tournament Draw |
| Athlete | 1985 | NS Closed Badminton Championships | Men's singles & doubles quarter-finalist | Tournament Draw |
| Athlete | 1984 | NS Closed Badminton Championships | Men's singles, doubles & mixed doubles competitor | Tournament Draw |
| Athlete | 1983 | NS Closed Badminton Championships | Men's singles, doubles competitor | Tournament Draw |
| Athlete | 1981 | NS Closed Badminton Championships | Men's singles, doubles competitor | Tournament Draw |
| MISCELLANEOUS (eg. club competitions, intersection leagues) | | | | |
| Athlete | 1995-1997 | North Bay Club Competitions in volleyball | Various successes | Competition & Tournament Draws |
| Athlete | 1995 | Central Ontario Badminton Championships | Men's Singles Champion & Doubles R-Up | Tournament Draw |
| Athlete | 1994 | Central Ontario Badminton Championships | Men's Singles & Doubles R-Up | Tournament Draw |
| Athlete | 1994-1995 | Kingston Club Competitions in volleyball | Various successes | Competition & Tournament Draws |
| Athlete | 1993 | Central Ontario Badminton Championships | Men's Singles R-Up & Doubles Champion | Tournament Draw |
| Athlete | 1990-1993 | Winnipeg Club Competitions in volleyball | Various successes | Competition & Tournament Draws |
| Athlete | 1988 | Chilliwack Invitational Squash Championship | Champion "B" Division | Tournament Draw |
| Athlete | 1988 | Naden Badminton Club Invitational | Winner – Mixed Doubles | Tournament Draw |
| Athlete | 1987-1989 | Chilliwack Club Competitions in soccer & volleyball | Various successes | Competition & Tournament Draws |
| Athlete | 1987 | Greenwood Invitational Badminton Championship | Men's Singles R-Up | Tournament Draw |
| Athlete | 1986 | Newfoundland Invitational Badminton Championship | Men's Singles, Doubles & Mixed Doubles R-Up | Tournament Draw |
| Athlete | 1986 | Stadacona Invitational Squash Championship | Winner – Men's C | Tournament Draw |
| Athlete | 1984 | Cornwallis Invitational Badminton Championship | Men's Singles & Doubles Champion | Tournament Draw |
| Athlete | 1982-1987 | Halifax Club Competitions in soccer & volleyball | Various successes | Competition & Tournament Draws |
| Athlete | 1982-1997 | Numerous Base Intersection Leagues/Tournaments | Various successes | Competition & Tournament Draws |

| COACHING/OFFICIATING CERTIFICATIONS | | | |
|--|------------|--|--------------------|
| Level | Sport | Theory, Technical, Practical | Date of Completion |
| COACHING | | | |
| Coaching Level-1 | Soccer | Theory, Technical, Practical (Certified) | 1996 |
| Coaching Level-3 | Volleyball | Practical | 1994 |
| Coaching Level-3 | Volleyball | Theory | 1994 |
| Coaching Level-2 | Volleyball | Practical (Level II - Certified) | 1992 |
| Coaching Level-2 | Volleyball | Technical | 1992 |
| Coaching Level-2 | Volleyball | Theory | 1992 |
| Coaching Level-1 | Badminton | Practical (Level I - Certified) | 1988 |
| Coaching Level 1 | Badminton | Theory, Technical | 1988 |
| Coaching Level-1 | Volleyball | Practical (Level I – Certified) | 1988 |
| Coaching Level-1 | Volleyball | Theory, Technical | 1988 |
| OFFICIATING | | | |
| Official D-4 | Squash | Certified | 2004 |
| Official – Provincial | Badminton | Certified | 2002 |
| Official – Regional | Badminton | Certified | 2000 |
| Official - Regional | Volleyball | Certified | 1987 |
| Official - Provincial | Volleyball | Certified | 1982 |
| Official - Local | Volleyball | Certified | 1980 |

SECTION 4: NARRATIVE (increase space as required)

As you can see from his extensive resume that Mr. Better has accomplished many meritorious achievements in his Military career at all levels of competition, from Intersection right on up through to CISM. He has played an integral part in promoting and developing Sports in the Military. Coupled with his friendly laid back approach and dedication to the Military Sports Program, Doug has been instrumental in getting many soldiers, men and women, out and playing various sports. He has a unique talent for recruitment. Over the years Doug has been a great Ambassador for such sports as M/W Volleyball, Squash and Badminton. I believe that the only reason Badminton is where it is today, still a National Sport, is because of his dedication to that sport. Doug asks nothing in return. His reward is seeing the Sports in the Military grow and he is only too glad to be part of it.

As you can see from above Doug not only played various sports, he was an active coach, sports administrator and Referee/official in many of the sports. Also Doug has always kept his Coaching certificates up to date, which is very commendable, as you can see from his resume, that he had various coaching certificates. Doug is still an active member in the Military Sports Program. Mr. Better's Sportsmanship goes without question, on and off the court. Doug still plays a very active roll in the Regional and National Badminton scene, along with helping out where he can in squash and other Regional sports.

I would like to nominate Mr. Doug Better for The Military Sports Honour roll. If there is sufficient info there, please forward his name for Hall of fame. Thank you.

SECTION 5: SPONSOR INFORMATION

| | | |
|---|--|--|
| SPONSOR SIGNATURE: Someone who really cares Hard Copy of the form must have original signature. | | DATE: 5 Dec 05 |
| SPONSOR RANK: Col | SPONSOR NAME: Really Cares | |
| UNIT/BASE: CFB Petawawa | APPOINTMENT/POSITION: B Admin O | |
| UNIT MAILING ADDRESS: CFB Petawawa 9999 Petawawa Ontario K8A 2X3 | | PHONE: Autovon – 999-1234 Commercial - (705) 494- 9999 ext. 1324 |

EXAMPLE
CANADIAN FORCES SPORTS
HALL OF FAME OR HONOUR ROLL NOMINATION FORM

SECTION 1 : RENSEIGNEMENTS SUR LE CANDIDAT

| | | |
|--|--|---|
| NM : 142 790 731 | GRADE: M. | GPM: Civilian – PSP |
| PRÉNOM ET INITIALES: Doug L. | | NOM DE FAMILLE: Better |
| UNITÉ ET BASE: FS&R Department 22 Wing - North Bay | COMMANDEMENT/SERVICE: Air Command | |
| ADRESSE POSTALE DE L'UNITÉ: 22 Wing - North Bay Duxford – Hornell Heights, ON POH 1P0 | | TÉLÉPHONE: Autovon – 999-1234 Commercial - (705) 494- 9999 ext. 1324 |

SPORTS AWARD CATEGORY: (Example) HONOUR ROLL

SECTION 2 : ÉTATS DE SERVICE (ajouter des lignes au besoin – du plus récent au plus ancien)

| DATE - début | DATE - fin | BASE/PAYS D'AFFECTATION/MISSION | UNITÉ/POSTE |
|---------------------|-------------------|--|--|
| Avril 1997 | Current | 22 Wing - North Bay | PSP - Fitness, Sports & Recreation Director |
| Juillet 1995 | Avril 1997 | 22 Wing - North Bay | Warrant Officer - Senior PERI |
| Juillet 1993 | Juillet 1995 | Royal Military College | Sgt - Sqn PERI/V-Ball Entraîneur |
| Février 1993 | Juillet 1993 | BFC Winnipeg | Sgt PERI - Resources NCO |
| Août 1992 | Février 1993 | CFS Alert | Sgt PERI - Station PERI |
| Juillet 1990 | Août 1992 | BFC Winnipeg | Sgt PERI - Resources NCO |
| Juillet 1987 | Juillet 1990 | BFC Chilliwack | MCPL PERI - Sports & Rec |
| Juillet 1982 | Juillet 1987 | BFC Halifax | Cpl PERI - Stadacona Gym |
| Janvier 1982 | Juin 1982 | BFC Borden | PERI 851 TQ-5 Course |
| Janvier 1981 | Janvier 1982 | BFC Halifax | PERI 851 - OJT Training |
| Juillet 1978 | Janvier 1981 | HMCS Saguenay | Boatswain |
| Mars 1978 | Juillet 1978 | CFFS - BFC Halifax | Trades Training - Boatswain |
| Janvier 1978 | Mars 1978 | BFC Cornwallis | Basic Training |

SECTION 3 : DOSSIER D'ACCOMPLISSEMENTS SPORTIFS (ajouter des lignes au besoin)

| RÔLE (athlète, entraîneur, officiel) | DATE (PÉRIODE) | COMPÉTITION | CLASSEMENT (soyez précis, indiquez l'épreuve ou la catégorie) | N^{bre} de concurrents ou d'équipes à la compétition |
|--|--------------------------|--------------------|--|---|
|--|--------------------------|--------------------|--|---|

INTERNATIONAL CIVIL (Championnat du monde, Jeux olympiques, Jeux du Commonwealth, Jeux panaméricains, etc.)

Nil

| INTERNATIONAL MILITAIRE (CISM) | | | | |
|---------------------------------------|----------------|--|---|------------------------|
| Entraîneur | 1996 | Men's CISM Volley-ball Team Training Camp & Competition - Netherlands | Team won their first ever International Match | 8 Club Teams |
| Assist Entraîneur | Septembre 1995 | Men's CISM Volley-ball Team – First World Military Games – Rome, Italy | Team finished last. However, received the Fair Play Award from CISM Competition | 16 |
| Athlète | Mai 1994 | England's Combined Services Badminton Team competed against CF Military players @ the RA Club - Ottawa | Winner of Singles match and Doubles finalist | 2 Teams Canada/England |
| NATIONAL CIVIL | | | | |
| Assist Entraîneur | 1996 | CISM Men's Volley-ball Team participated at Canadian National Volley-ball Championships | CISM Team split to compete in both the A & B Division National Championships | 24 Teams |
| Assist Entraîneur | 1995 | CISM Men's Volley-ball Team participated at Canadian National Volley-ball Championships | CISM Team split to compete in both the A & B Division National Championships | 24 Teams |
| NATIONAL DES FC | | | | |
| Officiel | 1997 | CF National Badminton | Commenced Role as Chief Official for CF Badminton | 5 |
| Officiel | 1997 | CF National Volley-ball | N/A | 5 |
| Athlète | 1996 | CF National Badminton | Men's Singles R-Up and Doubles Champion | 5 |
| Officiel | 1995 | CF National Volley-ball | N/A | 5 |
| Athlète | 1995 | CF National Badminton | Men's Singles R-Up and Doubles Champion | 5 |
| Athlète | 1994 | CF National Badminton | Men's Singles R-Up, Doubles Champion & Mixed Semi-Finalist | 5 |
| Officiel | 1994 | CF National Volley-ball | N/A | 5 |
| Athlète | 1993 | CF National Badminton | Men's Singles, Doubles & Mixed R-Up | 5 |
| Officiel | 1992 | CF National Volley-ball | N/A | 5 |
| Athlète | 1992 | CF National Badminton | Men's Singles Semi-Finalist & Doubles R-Up | 5 |
| Athlète | 1991 | CF National Badminton | Prairie Region - Team Champions, Men's Singles Semi-Finalist & Doubles R-Up | 5 |
| Officiel | 1991 | CF National Volley-ball | N/A | 5 |
| Athlète | 1990 | CF National Badminton | Men's Singles & Doubles Semi-Finalist | 5 |
| Athlète | 1989 | CF National Badminton | Men's Singles & Doubles Semi-Finalist | 5 |
| Athlète | 1988 | CF National Badminton | Men's Singles & Doubles Semi-Finalist | 5 |
| Athlète | 1988 | CF National Soccer | Semi-Finalist | 5 |
| Officiel | 1988 | CF National Volley-ball | N/A | 6 |
| Athlète | 1987 | CF National Badminton | Men's Singles & Doubles Quarter-Finalist | 6 |

| | | | | |
|------------------------|------|-----------------------------|---|---|
| Athlète | 1986 | CF National Badminton | Men's Singles & Doubles Quarter-Finalist | 6 |
| Athlète | 1986 | CF National Volley-ball | Semi-Finalist | 6 |
| Athlète | 1985 | CF National Badminton | Men's Singles & Doubles Quarter-Finalist | 6 |
| Officiel | 1985 | CF National Volley-ball | N/A | 6 |
| Athlète | 1984 | CF National Badminton | Men's Singles & Doubles Quarter-Finalist | 6 |
| Officiel | 1984 | CF National Volley-ball | N/A | 6 |
| Athlète | 1984 | CF National Soccer | 4th | 6 |
| Athlète | 1983 | CF National Badminton | Men's Singles, Doubles & Mixed Doubles competitor | 6 |
| Athlète | 1983 | CF National Volley-ball | R-Up | 6 |
| Athlète | 1981 | CF National Volley-ball | Semi-Finalist | 6 |
| RÉGIONAL DES FC | | | | |
| Athlète | 1996 | Ontario Region Badminton | Men's Singles, Doubles & Mixed Champion | 5 |
| Athlète | 1995 | Ontario Region Badminton | Men's Singles R-Up, Men's & Mixed Doubles Champion & Team Event Champions | 5 |
| Officiel | 1995 | Ontario Region Volley-ball | N/A | 5 |
| Athlète | 1994 | Ontario Region Badminton | Men's Singles R-Up, Doubles Champion & Team Event Champions | 5 |
| Officiel | 1994 | Ontario Region Volley-ball | N/A | 5 |
| Athlète | 1993 | Prairie Region Badminton | Men's Singles & Doubles Champion | 5 |
| Athlète | 1992 | Prairie Region Badminton | Men's Singles & Doubles Champion | 5 |
| Officiel | 1992 | Prairie Region Volley-ball | N/A | 5 |
| Athlète | 1991 | Prairie Region Badminton | Men's Singles & Doubles Champion | 5 |
| Officiel | 1991 | Pacific Region Volley-ball | N/A | 5 |
| Athlète | 1990 | Pacific Region Volley-ball | Semi-Finalist | 5 |
| Athlète | 1990 | Pacific Region Badminton | Men's Singles, Doubles Champion & Team Event Champions | 5 |
| Athlète | 1989 | Pacific Region Volley-ball | Semi-Finalist | |
| Athlète | 1989 | Pacific Region Soccer | Semi-Finalist | 5 |
| Athlète | 1989 | Pacific Region Badminton | Men's Singles, Doubles Champion & Team Event Champions | 5 |
| Athlète | 1988 | Pacific Region Badminton | Men's Singles, Doubles Champion & Team Event Champions | 5 |
| Athlète | 1988 | Pacific Region Soccer | Champions | 5 |
| Officiel | 1988 | Pacific Region Volley-ball | N/A | 6 |
| Athlète | 1987 | Atlantic Region Badminton | Men's Singles R-Up & Doubles Champion | 6 |
| Athlète | 1986 | Atlantic Region Volley-ball | Champions | 6 |
| Athlète | 1986 | Atlantic Region Badminton | Men's Singles & Doubles R-Up | 6 |
| Athlète | 1986 | Atlantic Region Soccer | Semi-Finalist | 6 |
| Athlète | 1985 | Atlantic Region Soccer | Semi-Finalist | 6 |

| | | | | |
|-------------------------|---------|---|--|-----------------|
| Athlète | 1985 | Atlantic Region Badminton | Men's Singles & Doubles Quarter-Finalist | 6 |
| Officiel | 1985 | Atlantic Region Volley-ball | N/A | 6 |
| Officiel | 1984 | Atlantic Region Volley-ball | N/A | 6 |
| Athlète | 1984 | Atlantic Region Soccer | Champions | 6 |
| Athlète | 1984 | Atlantic Region Badminton | Men's Singles & Doubles Quarter-Finalist | 6 |
| Athlète | 1983 | Atlantic Region Soccer | Semi-Finalist | 6 |
| Athlète | 1983 | Atlantic Region Badminton | Men's Singles & Doubles Quarter-Finalist | 6 |
| Athlète | 1983 | Atlantic Region Volley-ball | Champions | 6 |
| Athlète | 1982 | Atlantic Region Soccer | 4th place | 6 |
| Athlète | 1981 | Atlantic Region Soccer | 5th place | 6 |
| Athlète | 1981 | Atlantic Region Volley-ball | Champions | 6 |
| Athlète | 1981 | Atlantic Region Badminton | Men's Singles & Doubles competitor | 6 |
| Athlète | 1980 | Atlantic Region Badminton | R-Up – Team Event | 6 |
| PROVINCIAL CIVIL | | | | |
| Entraîneur | 1996/97 | OCAA Volley-ball – Canadore College North Bay | 5th | 7 |
| Entraîneur | 1995/96 | OCAA Volley-ball – Canadore College North Bay | 6th | 7 |
| Athlète | 1994/95 | Ontario Masters Badminton Championships | Bronze Medal Men's & Mixed Doubles | Tournament Draw |
| Entraîneur | 1994/95 | OCAA Volley-ball – RMC | 6th | 8 |
| Athlète | 1995 | ON "B" Badminton Championships | Men's singles quarter-finalist & doubles semi-finalist | Tournament Draw |
| Athlète | 1994 | ON "B" Badminton Championships | Men's singles, doubles quarter-finalist | Tournament Draw |
| Entraîneur | 1993/94 | OCAA Volley-ball - RMC | 6th | 8 |
| Athlète | 1993 | MB Closed Badminton Championships | Men's singles quarter-finalist & doubles semi-finalist | Tournament Draw |
| Athlète | 1992 | MB Closed Badminton Championships | Men's singles & doubles quarter-finalist | Tournament Draw |
| Athlète | 1991 | MB Closed Badminton Championships | Men's singles, doubles competitor | Tournament Draw |
| Athlète | 1990 | BC Winter Games – Badminton | Silver Medal | 8 |
| Athlète | 1990 | BC Closed Badminton Championships | Men's singles, doubles competitor | Tournament Draw |
| Athlète | 1989 | BC Winter Games - Badminton | Bronze Medal | 8 |
| Athlète | 1989 | BC Closed Badminton Championships | Men's singles, doubles competitor | Tournament Draw |

| | | | | |
|---|-----------|--|---|--------------------------------|
| Athlète | 1988 | BC Closed Badminton Championships | Men's singles, doubles competitor | Tournament Draw |
| Athlète | 1987 | NS Closed Badminton Championships | Men's singles & doubles quarter-finalist | Tournament Draw |
| Athlète | 1985 | NS Closed Badminton Championships | Men's singles & doubles quarter-finalist | Tournament Draw |
| Athlète | 1984 | NS Closed Badminton Championships | Men's singles, doubles & mixed doubles competitor | Tournament Draw |
| Athlète | 1983 | NS Closed Badminton Championships | Men's singles, doubles competitor | Tournament Draw |
| Athlète | 1981 | NS Closed Badminton Championships | Men's singles, doubles competitor | Tournament Draw |
| DIVERS (par ex., compétitions de club, ligues intersections) | | | | |
| Athlète | 1995-1997 | North Bay Club Competitions in Volley-ball | Various successes | Competition & Tournament Draws |
| Athlète | 1995 | Central Ontario Badminton Championships | Men's Singles Champion & Doubles R-Up | Tournament Draw |
| Athlète | 1994 | Central Ontario Badminton Championships | Men's Singles & Doubles R-Up | Tournament Draw |
| Athlète | 1994-1995 | Kingston Club Competitions in Volley-ball | Various successes | Competition & Tournament Draws |
| Athlète | 1993 | Central Ontario Badminton Championships | Men's Singles R-Up & Doubles Champion | Tournament Draw |
| Athlète | 1990-1993 | Winnipeg Club Competitions in Volley-ball | Various successes | Competition & Tournament Draws |
| Athlète | 1988 | Chilliwack Invitational Squash Championship | Champion "B" Division | Tournament Draw |
| Athlète | 1988 | Naden Badminton Club Invitational | Winner – Mixed Doubles | Tournament Draw |
| Athlète | 1987-1989 | Chilliwack Club Competitions in soccer & Volley-ball | Various successes | Competition & Tournament Draws |
| Athlète | 1987 | Greenwood Invitational Badminton Championship | Men's Singles R-Up | Tournament Draw |
| Athlète | 1986 | Newfoundland Invitational Badminton Championship | Men's Singles, Doubles & Mixed Doubles R-Up | Tournament Draw |
| Athlète | 1986 | Stadacona Invitational Squash Championship | Winner – Men's C | Tournament Draw |
| Athlète | 1984 | Cornwallis Invitational Badminton Championship | Men's Singles & Doubles Champion | Tournament Draw |
| Athlète | 1982-1987 | Halifax Club Competitions in soccer & Volley-ball | Various successes | Competition & Tournament Draws |
| Athlète | 1982-1997 | Numerous Base Intersection Leagues/Tournaments | Various successes | Competition & Tournament Draws |

| ATTESTATIONS D'ENTRAÎNEUR ET/OU D'OFFICIEL | | | |
|--|-------------|--|------------------|
| Niveau | Sport | Théorie, Technique, Pratique | Date d'obtention |
| Coaching | | | |
| Coaching Level-1 | Soccer | Theory, Technical, Practical (Certified) | 1996 |
| Coaching Level-3 | Volley-ball | Practical | 1994 |
| Coaching Level-3 | Volley-ball | Theory | 1994 |
| Coaching Level-2 | Volley-ball | Practical (Level II - Certified) | 1992 |
| Coaching Level-2 | Volley-ball | Technical | 1992 |
| Coaching Level-2 | Volley-ball | Theory | 1992 |
| Coaching Level-1 | Badminton | Practical (Level I - Certified) | 1988 |
| Coaching Level-1 | Badminton | Theory, Technical | 1988 |
| Coaching Level-1 | Volley-ball | Practical (Level I – Certified) | 1988 |
| Coaching Level-1 | Volley-ball | Theory, Technical | 1988 |
| OFFICIATING | | | |
| Officiel D-4 | Squash | Certified | 2004 |
| Officiel – Provincial | Badminton | Certified | 2002 |
| Officiel – Regional | Badminton | Certified | 2000 |
| Officiel - Regional | Volley-ball | Certified | 1987 |
| Officiel - Provincial | Volley-ball | Certified | 1982 |
| Officiel - Local | Volley-ball | Certified | 1980 |
| SECTION 4 : EXPOSÉ DE FAITS (utilisez l'espace nécessaire) | | | |
| <p>As you can see from his extensive resume that Mr. Better has accomplished many meritorious achievements in his Military career at all levels of competition, from Intersection right on up through to CISM. He has played an integral part in promoting and developing Sports in the Military. Coupled with his friendly laid back approach and dedication to the Military Sports Program, Doug has been instrumental in getting many soldiers, men and women, out and playing various sports. He has a unique talent for recruitment. Over the years Doug has been a great Ambassador for such sports as M/W Volley-ball, Squash and Badminton. I believe that the only reason Badminton is where it is today, still a National Sport, is because of his dedication to that sport. Doug asks nothing in return. His reward is seeing the Sports in the Military grow and he is only too glad to be part of it.</p> <p>As you can see from above Doug not only played various sports, he was an active coach, sports administrator and Referee/Officiel in many of the sports. Also Doug has always kept his coaching certificates up to date, which is very commendable, as you can see from his resume, that he had various coaching certificates. Doug is still an active member in the Military Sports Program. Mr. Better's Sportsmanship goes without question, on and off the court. Doug still plays a very active roll in the Regional and National Badminton scene, along with helping out where he can in squash and other Regional sports.</p> <p>I would like to nominate Mr. Doug Better for The Military Sports Honour roll. If there is sufficient info there, please forward his name for Hall of fame. Thank you.</p> | | | |
| SECTION 5 : RENSEIGNEMENTS SUR LE PARRAIN | | | |
| SIGNATURE DU PARRAIN: Someone who really cares | | DATE: le 5 decembre 2005 | |
| GRADE DU PARRAIN: Col | | NOM DU PARRAIN: Really Cares | |

| | |
|---|---|
| UNITÉ/BASE: BFC Petawawa | NOMINATION/POSTE: B Admin O |
| ADRESSE POSTALE DE L'UNITÉ: BFC Petawawa 9999 Petawawa Ontario K8A 2X3 | TÉLÉPHONE: Autovon – 999-1234 Commercial - (705) 494- 9999 ext. 1324 |