



## ROUTING GUIDE



Supporting Those Who Serve For Over **Years**

# Canadian Forces Base/Wing/Unit Locations

# Emplacement des bases, des escadres et des unités des Forces canadiennes



## SHIPPING INSTRUCTIONS

1. This guide is provided to ensure that merchandise purchased by CANEX is mailed/shipped by the most economical means consistent with required delivery dates.
2. **All shipping instructions on pages 1 – 3 apply to FOB warehouse suppliers only, except** if the supplier has their own economical means of shipping which have been approved by the appropriate Category Manager.
3. **All FOB destination suppliers (prepaid)** should use the CANEX Routing Guide for CANEX addresses and contact found on pages 4 – 13. Prepaid suppliers are responsible for shipping charges to Goose Bay, NF.
4. It is imperative that the shipping instructions in this guide or on each purchase order be followed exactly.

NOTE: The only transportation companies approved by CANEX are: Canada Post Commercial Parcel Services, CANPAR, Clarke Transport (east/west) and Cabano>Kingsway (Ontario/Québec). Failure to follow these instructions will result in excess charges being charged back to the supplier.

5. Parcel Post and CANPAR are the most economical means of shipping small parcels to all locations.

### PARCEL POST Up to 30 kg – (66 lbs)

- |        |   |   |
|--------|---|---|
| Air    | - | Maximum length, width or depth – 1 metre (39 inches)    |
|        | - | Maximum length plus girth – 2 metres (78 inches)        |
| Ground | - | Maximum length, width or depth – 1.1 metres (43 inches) |
|        | - | Maximum length plus girth – 3 metres (117 inches)       |

### CANPAR

For shipments of a single piece to any one location from 30.5 kg (67 lbs) up to 34 kg (75 lbs):

- |        |   |   |
|--------|---|---|
| Ground | - | Maximum parcel weight 34 kg (75 lbs)              |
|        | - | Maximum length 2.7 metres (108 inches)            |
|        | - | Maximum length plus girth 3.5 metres (140 inches) |

For shipments of multiple pieces to any one location up to 227 kg (500 lbs):

- |        |   |   |
|--------|---|---|
| Ground | - | Maximum parcel individual weight 34 kg (75 lbs)   |
|        | - | Maximum individual length 2.7 metres (108 inches) |
|        | - | Maximum length plus girth 3.5 metres (140 inches) |

Maximum Shipment - 25 packages or 227 kg (500 lbs) per Pick Up Record line

NOTE 1: In order to qualify for the more favourable multi-piece rates, the total number of packages, not exceeding 25 pieces, going to one location on the same day must be entered on one line in the CANPAR pickup record book. Do not list the packages separately unless the number of pieces exceeds 25. In that case, list the 25 pieces on one line of the CANPAR pickup record and the remainder (again not exceeding 25 pieces) on another line.

If it is not physically possible to combine the packages and they have been listed separately in the pickup record book, all that is required is that a total of all packages going to one location that day (not exceeding 25 pieces) be recorded on a new line of the pickup record and all previously listed shipments, which are now part of the combined shipment, be crossed off.

Excess freight charges incurred, as a result of not combining shipments as outlined above, will be charged back to you.

NOTE 2: Merchandise shipped via CANPAR is not to be insured unless specified otherwise on the CANEX purchase order.

NOTE 3: Suppliers who have been set up with CANPAR accounts, will find that these accounts will be put on temporary hold if they become inactive. Please contact CANPAR 48 hours prior to shipping, to reactivate account, thus allowing CANPAR to add you to their route to accommodate pick up.

CLARKE TRANSPORT/CABANO>KINGSWAY

6. The transportation of goods, which are greater in size and weight than the maximum allowed by Parcel Post and CANPAR, are to be shipped via the following means:

<u>Freight Carrier</u>	<u>To</u>
Clarke Transport	All CANEX locations in British Columbia, Alberta, Saskatchewan, Manitoba, New Brunswick and Nova Scotia. <b>Goose Bay, NL – see special instructions on page 3.</b>
Cabano>Kingsway	All locations in Ontario and Québec. <b>Goose Bay, NL – see special instructions on page 3.</b>

EXCEPTIONS

7. Customer owned items such as repairs or small valuable parcels such as jewellery etc., must be insured and shipped via registered mail or an alternate method, which provides for signature.

8. Unless otherwise indicated:

- a. All shipments must be addressed to the appropriate mailing or shipping address indicated in this Guide, commencing on page 6;
- b. All Clarke Transport and Cabano>Kingsway waybills, invoices, statements, etc., are to be sent to the individual CANEX stores receiving the merchandise;
- c. All waybills must indicate number of pieces, weight and cube; and
- d. All regular shipments are not to be insured. Therefore, value must not be recorded on waybills. If value is recorded and the shipment is insured, prior approval must be obtained from the CANEX Category Manager.

ATTENTION

9. Special routing instructions are recorded for NATEX, Germany (see page 13).

**SPECIAL INSTRUCTIONS FOR 5 WING GOOSE BAY – FOB WAREHOUSE**

(N/A for Suppliers with FOB Prepaid – see Para 3 above)

10. All CANEX purchase orders will indicate one of the following methods to use to transport merchandise to 5 Wing Goose Bay. Please ensure shipment weight and size guidelines as recorded on page 1 are followed. (Suppliers with FOB prepaid are responsible for freight all the way to Goose Bay):

**METHOD # 1 – VIA PARCEL POST**

Small parcels are to be shipped via PARCEL POST.

**METHOD # 2 – VIA CANPAR TO:**

TST OVERLAND EXPRESS  
6205 BOULEVARD HAMEL  
ANCIENNE-LORETTE  
QUÉBEC CITY QC G2E 5G8

Tel: 418-681-6246

**For furtherance to:**

CANEX  
5 WING GOOSE BAY  
PO BOX 370 STN C  
GOOSE BAY NL A0P 1C0

**METHOD # 3 – VIA TST OVERLAND EXPRESS**

TST OVERLAND EXPRESS  
6205 BOULEVARD HAMEL  
ANCIENNE-LORETTE  
QUÉBEC CITY QC G2E 5G8

Tel: 418-681-6246

**For furtherance and invoice to:**

CANEX  
5 WING GOOSE BAY  
PO BOX 370 STN C  
GOOSE BAY NL A0P 1C0

**NOTE: Full pallets of product shipped via TST Overland must be shrunk wrapped.**

## CANEX

### MAILING

CANEX HEADQUARTERS  
400 COVENTRY ROAD  
OTTAWA ON K1K 2C7

### SHIPPING ADDRESS

CANEX HEADQUARTERS  
400 COVENTRY ROAD  
OTTAWA ON K1K 2C7

### FAX

613-740-3936 (Ops)  
613-740-3967 (Mdse)

### PRESIDENT

Mr GM Mahon President

### TELEPHONE

Area Code 613

740-3900

### OPERATIONS

Mr	WD	McMillan	Vice President CANEX	740-3901
Ms	L	Post	CANEX HQ Coordinator	740-3960
Mr	R	Parent	National Manager, Retail Operations	418-844-5000 (Loc 5321)
Mr	É	Gosselin	Field Operations Manager – Retail Operations	740-3955
Ms	J	Villeneuve	Field Operations Manager – Retail Standards	740-3921
Mr	J	Lacasse	National Manager, Convenience -Operations	740-3953
Mr	A	Daccache	Field Operations Manager – Convenience Operations	740-3954
Mr	P	Shabatowski	Field Operations Manager – Convenience Standards	740-3945
Mr	W	Wilkinson	National Manager, Business Development & Services	740-3910
Mr	G	Ellis	Field Operations Manager – Service Operations	740-3918
Mr	R	Kidd	Field Operations Manager – Operational Standards	740-3917
PO1	S	Jolivet	Field Operations Manager – Security & Environment	740-3914
Mr	S	Parisien	National Manager, Projects (SMS)	740-3926
Mr	M	Weston	Manager, Strategy and Plans	740-3959
Mr	K	Stilwell	Manager, Corporate Programs	740-3922
Mr	E	Lebel	Policy, Procedure and Training Manager	740-3925
Ms	J	Ha	Training Coordinator	740-3924

### MERCHANDISING & MARKETING

Mr	B	Tweedle	Director, Merchandising & Marketing	740-3902
<i>Vacant</i>			CANEX Merchandising Manager	740-3946
Ms	A	Nightingale	CANEX Admin Clerk	740-3958
Mr	T	McGouran	Senior Category Manager (Candy & Confectionery, HABA, Video, Lottery, Tobacco, Grocery, Dairy, Gasoline)	740-3930
Mr	J	Dunsmore	Senior Category Manager (Military, Mens' Wear, Luggage Sports, Toys/Christmas, Outdoor)	740-3942
Ms	L	Nudelman	Senior Category Manager (Stationery, Ladies' Wear, Hardware/Housewares, Giftware)	740-3938
Mr	F	Davis	Senior Category Manager (Audio/Video, Computers, Extended Warranties, Major Appliances)	740-3934
Ms	M	Rooney	Category Manager (Audio/Video, Computers, Extended Warranties, Major Appliances)	740-3933
<i>Vacant</i>			Category Coordinator	
Mr	G	Doner	Category Manager (Furniture)	1-613-687-5597
Ms	S	Carlson	Category Assistant(Furniture)/Central Billing Clerk	740-3961
Mr	J	Croizet	Advertising & Sales Promotion Manager	740-3947
Mr	D	Cadieux	Club Xtra Administrator	740-3944

### NATEX

### FAX

011-49-2451-9152155

SLOT 4000  
PO BOX 5053 STN FORCES  
BELLEVILLE ON K8N 5W6

### TELEPHONE

011-49-2451-9152129

Mrs D Sousa Vice President NATEX

# CANEX

## GENERAL INFORMATION

STORE #	MAILING ADDRESS	SHIPPING ADDRESS	TELEPHONE/FACSIMILE/E-MAIL
505	<b>3 WING BAGOTVILLE</b> CANEX EXPRESSMART 3 WING BAGOTVILLE PO BOX 110 ALOUETTE QC G0V 1A0	CANEX EXPRESSMART 3 WING BAGOTVILLE BLDG 147 ALOUETTE QC G0V 1A0	418-677-4000 (Local 7537) 418-677-8410 <a href="mailto:brassard.patrick@cfpsa.com">brassard.patrick@cfpsa.com</a>
301	<b>CFB BORDEN</b> CANEX RETAIL STORE CFB BORDEN PO BOX 340 BORDEN ON L0M 1C0	CANEX RETAIL STORE CFB BORDEN BLDG O-121 36 EL ALAMEIN ROAD BORDEN ON L0M 1C0	705-424-1801 705-423-2187 <a href="mailto:hare.john@cfpsa.com">hare.john@cfpsa.com</a>
302	CANEX EXPRESSMART CFB BORDEN PO BOX 340 BORDEN ON L0M 1C0	CANEX EXPRESSMART CFB BORDEN BLDG O-121 36 EL ALAMEIN ROAD BORDEN ON L0M 1C0	705-424-1431 705-424-3469 <a href="mailto:windley.donna@cfpsa.com">windley.donna@cfpsa.com</a>
107	<b>4 WING COLD LAKE</b> CANEX SUPERMART 4 WING COLD LAKE PO BOX 5650 STN FORCES COLD LAKE AB T9M 2C4	CANEX SUPERMART 4 WING COLD LAKE BLDG 69 COLD LAKE AB T9M 2C4	780-594-3376 780-594-3379 <a href="mailto:usher.john@cfpsa.com">usher.john@cfpsa.com</a>
108	CANEX EXPRESSMART 4 WING COLD LAKE PO BOX 5650 STN FORCES COLD LAKE AB T9M 2C4	CANEX EXPRESSMART 4 WING COLD LAKE BLDG 167 COLD LAKE AB T9M 2C4	780-594-4451 780-594-4485 <a href="mailto:lafleur.lorraine@cfpsa.com">lafleur.lorraine@cfpsa.com</a>
109	CANEX LIQUORMART 4 WING COLD LAKE PO BOX 5650, STN FORCES COLD LAKE AB T9M 2C4	CANEX LIQUORMART 4 WING COLD LAKE BLDG - 69 COLD LAKE AB T9M 2C4	780-594-3380 780-594-3379 <a href="mailto:parfitt.carrie@cfpsa.com">parfitt.carrie@cfpsa.com</a>

STORE #	MAILING ADDRESS	SHIPPING ADDRESS	TELEPHONE/FASCIMILE/E-MAIL
103	<b>19 WING COMOX</b> CANEX SUPERMART 19 WING COMOX UNIT #1, 1625 MILITARY ROW LAZO BC V0R 2K0	CANEX SUPERMART 19 WING COMOX BLDG 1625 UNIT #1, 1625 MILITARY ROW LAZO BC V0R 2K0	250-339-5553 250-339-5598 <a href="mailto:curnew.bruce@cfpsa.com">curnew.bruce@cfpsa.com</a>
104	<b>CFB EDMONTON</b> CANEX RETAIL STORE EDMONTON GARRISON PO BOX 500 LANCASTER PARK AB T0A 2H0	CANEX RETAIL STORE EDMONTON GARRISON BLDG 297 HWY 28A & FALAISE AVE LANCASTER PARK AB T0A 2H0	780-973-4527 780-973-3206 <a href="mailto:saunders.dave@cfpsa.com">saunders.dave@cfpsa.com</a>
105	CANEX EXPRESSMART EDMONTON GARRISON PO BOX 500 LANCASTER PARK AB T0A 2H0	CANEX EXPRESSMART EDMONTON GARRISON BLDG 299 HWY 28A & FALAISE AVE LANCASTER PARK AB T0A 2H0	780-973-3391 780-973-6613 <a href="mailto:stanners.elaine@cfpsa.com">stanners.elaine@cfpsa.com</a>
106	CANEX LIQUORMART EDMONTON GARRISON PO BOX 500 LANCASTER PARK AB T0A 2H0	CANEX LIQUORMART EDMONTON GARRISON BLDG 299 LANCASTER PARK EDMONTON AB T0A 2H0	780-973-7166 780-973-6613 <a href="mailto:colautti.frank@cfpsa.com">colautti.frank@cfpsa.com</a>
101	<b>CFB ESQUIMALT</b> CANEX RETAIL STORE CFB ESQUIMALT PO BOX 3725 VICTORIA BC V8W 3S7  <b>Mailing address must be used for parcel post and correspondence.</b>	CANEX RETAIL STORE BLDG 98 NADEN 1343 WOODWAY ROAD VICTORIA BC V9A 7K6	250-388-6428 250-363-5644 <a href="mailto:johnson.sara@cfpsa.com">johnson.sara@cfpsa.com</a>
102	CANEX EXPRESSMART 177 BELMONT ROAD VICTORIA BC V9C 1A8	CANEX EXPRESSMART 177 BELMONT ROAD VICTORIA BC V9C 1A8	250-478-4012 250-478-4012 <a href="mailto:shiplack.iris@cfpsa.com">shiplack.iris@cfpsa.com</a>
606	<b>CTC GAGETOWN</b> CANEX SUPERMART CFB GAGETOWN PO BOX 17000 STN FORCES OROMOCTO NB E2V 4J5	CANEX SUPERMART CFB GAGETOWN BLDG A-42 OROMOCTO NB E2V 4J5	506-422-2000 (Local 2271) 506-422-1427 <a href="mailto:gulliver.ed@cfpsa.com">gulliver.ed@cfpsa.com</a>

STORE #	MAILING ADDRESS	SHIPPING ADDRESS	TELEPHONE/FASCIMILE/E-MAIL
607	<p><b>5 WING GOOSE BAY</b></p> <p>CANEX SUPERMART 5 WING GOOSE BAY PO BOX 370 STN C GOOSE BAY NL A0P 1C0</p> <p><b>All CANEX purchase orders for shipment to 5 Wing Goose Bay will indicate the specific shipping method to be used. Shipping methods are detailed on pages 2 and 3.</b></p>	<p>CANEX SUPERMART 5 WING GOOSE BAY PO BOX 370 STN C GOOSE BAY NL A0P 1C0</p>	<p>709-896-6900 (Local 7260)</p> <p>709-896-9118</p> <p><a href="mailto:best.bob@cfpsa.com">best.bob@cfpsa.com</a></p> <p><a href="mailto:konig.mandy@cfpsa.com">konig.mandy@cfpsa.com</a></p>
609	<p>CANEX EXPRESSMART 5 WING GOOSE BAY PO BOX 370 STN C GOOSE BAY NL A0P 1C0</p>	<p>CANEX EXPRESSMART 5 WING GOOSE BAY PO BOX 370 STN C GOOSE BAY NL A0P 1C0</p>	<p>709-896-5623</p> <p>709-896-8691</p> <p><a href="mailto:best.bob@cfpsa.com">best.bob@cfpsa.com</a></p> <p><a href="mailto:hughes.eliza@cfpsa.com">hughes.eliza@cfpsa.com</a></p>
604	<p><b>14 WING GREENWOOD</b></p> <p>CANEX SUPERMART PO BOX 1072 GREENWOOD NS B0P 1N0</p>	<p>CANEX SUPERMART 14 WING GREENWOOD BLDG 151 GREENWOOD NS B0P 1N0</p>	<p>902-765-6994 or 902-242-3602</p> <p>902-765-6045</p> <p><a href="mailto:keddy.ken@cfpsa.com">keddy.ken@cfpsa.com</a></p>
601	<p><b>CFB HALIFAX</b></p> <p>CANEX EXPRESSMART A BLOCK BLDG S-21 PO BOX 8836 STN A HALIFAX NS B3K 5M5</p>	<p>CANEX EXPRESSMART A BLOCK BLDG S-21 PO BOX 8836 STN A HALIFAX NS B3K 5M5</p>	<p>902-422-2249</p> <p>902-422-2470</p> <p><a href="mailto:hollins.bev@cfpsa.com">hollins.bev@cfpsa.com</a></p>
602	<p><b>WINDSOR PARK</b></p> <p>CANEX RETAIL STORE WINDSOR PARK BLDG WP 108 PO BOX 8836 STN A HALIFAX NS B3K 5M5</p>	<p>CANEX RETAIL STORE WINDSOR PARK BLDG WP 108 PO BOX 8836 STN A HALIFAX NS B3K 5M5</p>	<p>902-465-5414</p> <p>902-466-5235</p> <p><a href="mailto:banfield.glenn@cfpsa.com">banfield.glenn@cfpsa.com</a></p>
603	<p><b>SHEARWATER</b></p> <p>CANEX EXPRESSMART 12 WING SHEARWATER PO 250, BLDG 14 SHEARWATER NS B0J 3A0</p>	<p>CANEX EXPRESSMART 12 WING SHEARWATER PO 250, BLDG 14 20 PROVIDER ROAD SHEARWATER NS B0J 3A0</p>	<p>902-466-2303</p> <p>902-466-5235</p> <p><a href="mailto:hollins.bev@cfpsa.com">hollins.bev@cfpsa.com</a></p>

STORE #	MAILING ADDRESS	SHIPPING ADDRESS	TELEPHONE/FASCIMILE/E-MAIL
305	<b>CFB KINGSTON</b> CANEX RETAIL STORE CFB KINGSTON 29 NIAGARA PARK PO BOX 17000 STN FORCES KINGSTON ON K7K 7B4	CANEX RETAIL STORE CFB KINGSTON 29 NIAGARA PARK PO BOX 17000 STN FORCES KINGSTON ON K7K 7B4	613-541-5010 (Local 5688) 613-544-7690 <a href="mailto:mcguire.jamie@cfpsa.com">mcguire.jamie@cfpsa.com</a>
307	CANEX EXPRESSMART CFB KINGSTON 29 NIAGARA PARK PO BOX 17000 STN FORCES KINGSTON ON K7K 7B4	CANEX EXPRESSMART CFB KINGSTON 29 NIAGARA PARK PO BOX 17000 STN FORCES KINGSTON ON K7K 7B4	613-548-7022 613-544-7690 <a href="mailto:latulippe.danielle@cfpsa.com">latulippe.danielle@cfpsa.com</a>
306	<b>ROYAL MILITARY COLLEGE</b> CANEX EXPRESSMART RMC KINGSTON PO BOX 17000 STN FORCES KINGSTON ON K7K 7B4	CANEX EXPRESSMART RMC KINGSTON YEO HALL BLDG 32 KINGSTON ON K7K 7B4	613-549-3718 613-549-7544 <a href="mailto:fancy-bertin.kathy@cfpsa.com">fancy-bertin.kathy@cfpsa.com</a>
303	<b>MEAFORD</b> MEAFORD EXPRESSMART RR #1 GREY ROAD 112 N BLDG M150 MEAFORD ON N4L 0A1	MEAFORD EXPRESSMART RR #1 GREY ROAD 112 N BLDG M150 MEAFORD ON N4L 0A1	519-538-1371 (Local 6517) 519-538-6675 <a href="mailto:gerritsen.kimberly@cfpsa.com">gerritsen.kimberly@cfpsa.com</a>
204	<b>15 WING MOOSE JAW</b> CANEX EXPRESSMART 15 WING MOOSE JAW BLDG 80 BUSHELL PARK SK S0H 0N0	CANEX EXPRESSMART 15 WING MOOSE JAW BLDG 80 BUSHELL PARK SK S0H 0N0	306-694-2827 306-694-2828 <a href="mailto:leonardo.debbie@cfpsa.com">leonardo.debbie@cfpsa.com</a>
404	<b>22 WING NORTH BAY</b> CANEX EXPRESSMART 22 WING NORTH BAY PO BOX 1645 HORNELL HEIGHTS ON P0H 1P0	CANEX EXPRESSMART 22 WING NORTH BAY BLDG 29 HORNELL HEIGHTS ON P0H 1P0	705-494-2011 (Local 2282) 705-494-2185 <a href="mailto:charuk.mike@cfpsa.com">charuk.mike@cfpsa.com</a>

STORE #	MAILING ADDRESS	SHIPPING ADDRESS	TELEPHONE/FASCIMILE/E-MAIL
406	<b>OTTAWA</b>  <b>LOUIS-ST-LAURENT</b>  CANEX RETAIL STORE LOUIS-ST-LAURENT BLDG 555 CARRIÈRE BLVD HULL QC J8Y 6A5	CANEX RETAIL STORE LOUIS-ST-LAURENT BLDG 555 CARRIÈRE BLVD HULL QC J8Y 6A5	819-778-1494  Fax number same as telephone above.  <a href="mailto:galipeau.chantal@cfpsa.com">galipeau.chantal@cfpsa.com</a>
405	<b>NDHQ</b>  NATIONAL DEFENCE HQ CANEX EXPRESSMART 2 SOUTH TOWER MGEN GR PEARKES BLDG 101 COLONEL BY DRIVE OTTAWA ON K1A 0K2	NATIONAL DEFENCE HQ CANEX EXPRESSMART 2 SOUTH TOWER MGEN GR PEARKES BLDG 101 COLONEL BY DRIVE OTTAWA ON K1A 0K2	613-232-0793  613-232-1054  <a href="mailto:pagel.katrina@cfpsa.com">pagel.katrina@cfpsa.com</a>
407	<b>LABELLE</b>  CANEX RETAIL STORE 4210 LABELLE STREET, UNIT 101 OTTAWA ON K1J 1J7	CANEX RETAIL STORE UNIT 101 4210 LABELLE STREET OTTAWA ON K1J 1J7	613-741-4888  613-741-3808  <a href="mailto:long.patrick@cfpsa.com">long.patrick@cfpsa.com</a>
401	<b>CFB PETAWAWA</b>  CANEX RETAIL STORE CFB PETAWAWA 27 FESTUBERT BLVD BLDG R102 PETAWAWA ON K8H 1N3	CANEX RETAIL STORE CFB PETAWAWA 27 FESTUBERT BLVD BLDG R102 PETAWAWA ON K8H 1N3	613-687-5595  613-588-6338  <a href="mailto:doner.gerald@cfpsa.com">doner.gerald@cfpsa.com</a>  <a href="mailto:gray.mike@cfpsa.com">gray.mike@cfpsa.com</a>
402	CANEX GROCERY STORE CFB PETAWAWA 27 FESTUBERT BLVD BLDG R102 PETAWAWA ON K8H 1N3	CANEX GROCERY STORE CFB PETAWAWA 27 FESTUBERT BLVD BLDG R102 PETAWAWA ON K8H 1N3	613-687-6336  613-687-2337  <a href="mailto:scott.ron@cfpsa.com">scott.ron@cfpsa.com</a>  <a href="mailto:shankland.jason@cfpsa.com">shankland.jason@cfpsa.com</a>
403	CANEX EXPRESSMART CFB PETAWAWA BLDG W102 PETAWAWA ON K8H 2S7	CANEX EXPRESSMART CFB PETAWAWA BLDG W102 PETAWAWA ON K8H 2S7	613-687-6326  613-687-2337  <a href="mailto:poirier.tosha@cfpsa.com">poirier.tosha@cfpsa.com</a>

STORE #	MAILING ADDRESS	SHIPPING ADDRESS	TELEPHONE/FASCIMILE/E-MAIL
205	<b>CFB SHILO</b> CANEX SUPERMART CFB SHILO PO BOX 147 SHILO MB R0K 2A0	CANEX SUPERMART CFB SHILO BLDG L-125 CANEX MALL SHILO MB R0K 2A0	204-765-3000 (Local 3323) 204-765-3807 <a href="mailto:kehler.rick@cfpsa.com">kehler.rick@cfpsa.com</a>
506	<b>ASU ST-JEAN</b> CANEX RETAIL STORE ASU ST-JEAN RICHELAIN QC J0J 1R0	CANEX RETAIL STORE 25 GRAND-BERNIER SUD ASU ST-JEAN RICHELAIN QC J0J 1R0	450-358-7626 450-358-7920 <a href="mailto:chartrand.benoit@cfpsa.com">chartrand.benoit@cfpsa.com</a>
202	<b>CFB SUFFIELD</b> CANEX SUPERMART CFB SUFFIELD BLDG R048 RALSTON AB T0J 2N0	CANEX SUPERMART CFB SUFFIELD BLDG R048 48 EDGEWOOD ROAD RALSTON AB T0J 2N0	403-544-5530 403-544-5529 <a href="mailto:foshaug.craig@cfpsa.com">foshaug.craig@cfpsa.com</a>
304	<b>8 WING TRENTON</b> CANEX SUPERMART 8 WING TRENTON RCAF ROAD PO BOX 1000 STN FORCES ASTRA ON K0K 3W0	CANEX SUPERMART 8 WING TRENTON RCAF ROAD, BLDG 241 PO BOX 1000 STN FORCES ASTRA ON K0K 3W0	613-394-0001 613-394-0012 <a href="mailto:moreau.andy@cfpsa.com">moreau.andy@cfpsa.com</a>
308	CANEX EXPRESSMART 8 WING TRENTON 177 HERCULES DRIVE PO BOX 1000 STN FORCES ASTRA ON K0K 3W0	CANEX EXPRESSMART 8 WING TRENTON 177 HERCULES DRIVE, BLDG 219 PO BOX 1000 STN FORCES ASTRA ON K0K 3W0	613-392-2811 (Local 4615) 613-392-2811 (Local 4616) <a href="mailto:white.arlene@cfpsa.com">white.arlene@cfpsa.com</a>

STORE #	MAILING ADDRESS	SHIPPING ADDRESS	TELEPHONE/FASCIMILE/E-MAIL
501	<b>ASU VALCARTIER</b> CANEX GROCERY STORE ASU VALCARTIER 190 DUBÉ STREET COURCELETTE QC G0A 1R1	CANEX GROCERY STORE ASU VALCARTIER 190 DUBÉ STREET BLDG 19 COURCELETTE QC G0A 1R1	418-844-3751 418-844-0221 <a href="mailto:lefebvre.sylvie@cfpsa.com">lefebvre.sylvie@cfpsa.com</a>
503	CANEX EXPRESSMART ASU VALCARTIER 605 JACQUES CARTIER SHANNON QC G0A 4N0	CANEX EXPRESSMART ASU VALCARTIER 605 JACQUES CARTIER SHANNON QC G0A 4N0	418-844-3668 418-844-6500 <a href="mailto:theriault.jean-christian@cfpsa.com">theriault.jean-christian@cfpsa.com</a>
504	CANEX RETAIL STORE ASU VALCARTIER 172 DUBÉ STREET COURCELETTE QC G0A 1R1	CANEX RETAIL STORE ASU VALCARTIER 172 DUBÉ STREET COURCELETTE QC G0A 1R1	418-844-3678 418-844-9871 <a href="mailto:duguay.yves@cfpsa.com">duguay.yves@cfpsa.com</a>
201	<b>CFB/ASU WAINWRIGHT</b> CANEX EXPRESSMART CFB/ASU WAINWRIGHT BLDG 595 DENWOOD AB T0B 1B0	CANEX EXPRESSMART CFB/ASU WAINWRIGHT BLDG 595 DENWOOD AB T0B 1B0	780-842-1363 (Local 1281) 780-842-1883 <a href="mailto:chan.terry@cfpsa.com">chan.terry@cfpsa.com</a>

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